



Celebrating 25 Years of Excellence - Since 1995

ASM Warriors' Weekly

30 Nov 2020

Mon 30 Nov	Tue 1 Dec	Wed 2 Dec	Thu 3 Dec	Fri 4 Dec
Day 2	Day 3	Day 4	Day 5	Day 6
9.55am-10.05am GMeet Assembly		Shortened Day (50min lessons; pick-up 1.45pm) 10.05am - 10.55am MS Advisory inc. 'Respect' Assembly 11.15 - 12.05pm HS Advisory		

ASM Holiday Music Playlist

ASM's PTO has very kindly offered to create fun, easy-listening music playlists for Middle School and High School students to share with friends and family over the Winter Break. Please list any songs you would like to be included on the document here, indicating which playlist they would be most suitable for: [ASM Upper School Spotify Playlist](#)

Clothing and Food Drive

ASM's Student Council and Outreach Committee are collecting canned foods and winter clothing to support villagers in the Atlas Mountains. Please bring in any donations that you can to help people who are in need... bring them to Ms Ymane's office in the morning.

Monday 30th Nov 9:55am - 10:05am Upper School GMeet Assembly

Google Meet link: <https://meet.google.com/tsd-amom-nit> DL students enter the Assembly at the designated time (not before) - microphone off, sound on. Teachers will project the assembly for F2F students in their classrooms.

Middle School Assembly

During Wednesday's Block 2 MS Advisory lesson there will be an assembly on the theme of 'Respect' led by 8B and Ms Asma at the beginning of the lesson. The Google Meet Link will be posted in your Advisory Google Classrooms.



Social Media...

Did It Really Get This Far?

Article by G10 Student

All too often social media can dominate and be the cause of several problems throughout our lives because of certain decisions made by ourselves as well as other people. The real question is, "Why do we use social media?" Is it a healthy way to connect with others? Is it a tool to make ourselves more popular? Is it a way to hurt the people around us? Social media can be used the right way if you think the right way about it but otherwise it can lead to distraction, rumors, bullying, unrealistic views of people's lives, and peer pressure.

What are the effects?

Social media has been proven to affect teenage lives negatively and to waste their time when they could be doing something more useful or active.

Stress/ Addiction

Once you open an app, it becomes really difficult to turn off your phone and focus on something else. People around the world are addicted to social media and it has become impossible for someone to cope without their phones for any length of time. Social media stresses you out because you want to always be aware of what is being said about you and whether you're getting more likes or not. Why do you need to be stressed all the time when you could be doing something more interesting?

Cyberbullying

Cyberbullying (bullying through digital technologies) is an issue worldwide. Cyberbullying is used to scare, anger, or shame those who are targeted. According to UNICEF, examples of cyberbullying include:

- spreading lies about or posting embarrassing photos of someone on social media
- sending hurtful messages or threats via messaging platforms
- impersonating someone and sending derogatory messages to others on their behalf.

Loneliness

It could be argued that rather bringing people closer together, social media distracts people from connecting with those around them. Rather look at your phone... why don't you plan something with friends? Watch a movie? Read a book? Talk with the people around you?

Be positive...

Social media can have a positive and negative impact on our lives but we have to know how to use it the right way. I encourage ASM students to think about how much time they spend on social media and how they could change that. As Alex Tew said, "You are what you tweet." Let's all be the best versions of ourselves.

Photo Memories (Week 12)

Viewing 'Career Connections'



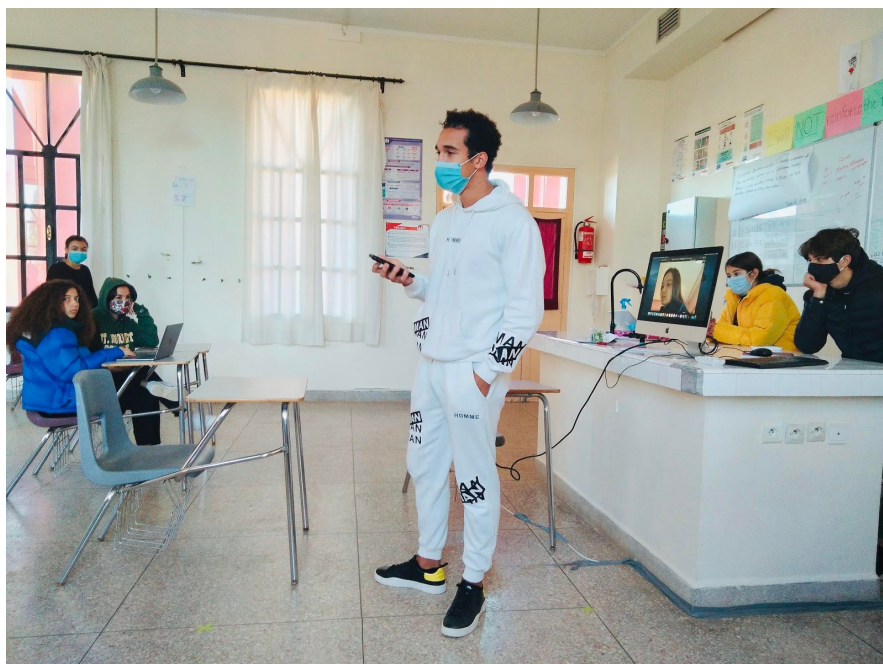
G8 Soccer



G10 French



G11 French



G6 Art

