



*Celebrating 25 Years of Excellence - Since 1995*

# ASM Warriors' Weekly

**12 Oct 2020**

Mon 12 Oct	Tue 13 Oct	Wed 14 Oct	Thu 15 Oct	Fri 16 Oct
Day 3	Day 4	Day 5	Day 6	Day 7

## **Learning Mode Preference (10:00am Monday Oct 12)**

A link to a Google Form will be emailed to all parents at 10:00am on Monday (October 12), so they can indicate their learning mode preference for their child(ren) for Quarter 2 (November 2nd 2020 - January 11 2021) - Face to Face or Distance Learning. Please sign up promptly, in order to secure a place, so ASM staff can start planning logistically to ensure continuity of learning provision for each child.

## **Monday Oct 12 9:55am - 10:05am Upper School Assembly**

Google Meet link: <https://meet.google.com/tsd-amom-nit> *DL students please enter the Assembly at the designated time (not before) with microphone off and sound on. Teachers will project the assembly for F2F students in their classrooms.*

## **MAP Testing Makeups**

If you have missed a scheduled MAP Test, you will need to take the Makeup Test which will take place on Monday (Block 2). Ms Asma will provide details for F2F students. MAP Test results will be reviewed and support and interventions will be put in place for those students requiring 'catch-up'.

## **IB Parent Workshop Thursday October 15th 5:00pm - 6:00pm**

Parents of G9 & G10 students are invited to attend a Google Meet to find out more about the International Baccalaureate (IB) Diploma Programme:

<https://meet.google.com/nsf-wpsg-kdj>

## **College/University Virtual 'Visits'**

Tuesday Oct 13 Block 3 (Advisory) Grades 11 & 12 EDHEC Business School (France)

Wednesday Oct 14 Block 2 (College Counsel) Grade 11 Concordia University (Canada)

Article written by Jessica Abou Zbib Grade 10...

## Let's Stay Positive!

As an ASM community, it's everyone's responsibility to keep a safe and positive environment for everyone.

### Why?

When students are learning in a positive environment it has a more powerful effect on their behavior/education. Teachers provide this positive environment everyday at school allowing the students to be more interested in the lessons. As neuroscientist Richard Davidson describes in his book *The Emotional Life of Your Brain*, "Emotion works with cognition in an integrated and seamless way to enable us to navigate the world of relationships, work, and spiritual growth." Positivity can allow students to easily and quickly achieve their goals because when you're positive and you're giving a positive vibe around you then it helps you as well as your community to make better decisions.

**Everyone stay positive because it brings out the best version of yourself!!**



## Stress Management...



*"I feel way too stressed, I can't focus anymore, my head hurts. OMG it's already midnight and I haven't finished all my homework. What am I supposed to do?"  
(Anon)*

I'm sure any of you reading this would find it familiar, either you heard it from one of your friends or you actually experienced it yourself. Stress is a normal part of every human's life, whether you're a student, teacher, parent or any other type of job you're in. It's important to learn how to manage it because it will follow you throughout your entire life. **How can we manage stress?** For students at school feeling overloaded with work, it's important to organize yourself, make sure to finish the important tasks and prioritize different events in order to make sure everything's done on time. Keep a positive attitude throughout your day! Learn different relaxation techniques such as yoga, and meditation. It's important to exercise daily and eat healthy food.

You will get there, trust me!

## IB Article Written by Diane Soulan Grade 10...



### International Mindedness

International Mindedness is a better understanding of the world around us. It is a way of thinking, being and acting that is characterized by an openness to the world. It is also a recognition of our deep interconnectedness to others.

#### How do we achieve it?

- Engaging in sustained inquiry into a range of local and global issues and ideas.
- Learning to appreciate different beliefs, values and experiences.
- Thinking and collaborating across cultures and disciplines.
- Focusing on global engagement and meaningful service with the community.



### IB Learner Profile

### The IB Mission

IB was founded in 1968 and it is an organization that aims to develop inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect. The organization works with schools, governments and international organizations to develop challenging programmes of international education and rigorous assessment. These programmes encourage students around the world to become active, compassionate and lifelong learners who understand other people, with their differences.

### Approaches to teaching and learning

- Thinking skills
- Communication skills
- Social skills
- Self-management skills
- Research skills

### Why IBDP?

IBDP is a challenging academic curriculum that serves as outstanding preparation for university and higher education. It has a student-centred approach to teaching, focused on developing students intellectually, emotionally

## Pathways to University

- American High School Diploma
- IB Course Certificate(s)
- Full IB Diploma

## Bilingual Diploma Benefits

Bilingual Diploma motivates students to be multilingual, offers a rigorous way to learn another language, enhances the quality of the overall school curriculum, improves student academic performance, improves future educational opportunities for students, and improves future career opportunities for students.



## Course Selection Process

- Attend IBDP presentations during the school year by DP Coordinator
- Complete preliminary learning plan
- Attend subject presentations by DP Teachers in February
- Grade 10 Parent Information Evening- Graduation Pathways
- Final DP Learning Plan submitted by March 19th
- Once all course registrations are submitted, the Administration Team will process these and decide on the final course list offered.
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## Update on Authorization

- IB Teacher Training
- Resources and Facilities Upgrade
  - Past IB papers (digital subscriptions)
  - Library/ Research Database
  - Science Lab
- Pre-IB Preparation
- Authorization expected beginning 2021

## IB Subjects

Group 1: Studies in Language and Literature	Group 2: Language Acquisition	Group 3: Individual and Societies	Group 4: Sciences	Group 5: Mathematics	Group 6: The Arts
-English Literature SL/HL -English Language and Literature SL/HL -French Language and Literature SL	-French B SL/HL -Arabic B SL/HL -Spanish ab Initio	-History SL/HL -Geography SL/HL	-Physics SL/HL -Biology SL/HL -Environmental Systems and Societies SL/HL	-Math Applications and Interpretations SL/HL -Math Analysis and Approaches SL/HL	-Visual Arts SL -Music SL

The Core: Extended Essay (EE), Creativity, Action & Service (CAS) and Theory of Knowledge (TOK)



## Photo Memories (Week 5)

Recess soccer...



Grade 8 Science...





**MS Intro PE...**









