

Celebrating 25 Years of Excellence - Since 1995

ASM Warriors' Weekly

8th March 2021

Mon 8 March	Tue 9 March	Wed 10 March	Thu 11 March	Fri 12 March
DAY 7	DAY 1	DAY 2	DAY 3	DAY 4
IB Authorization Visit (Virtual) 9.55am-10.05am Upper School GMeet Assembly	IB Authorization Visit (Virtual) 11.35am - 12.25pm (lunch) Student Council Meeting	Shortened Day (50min lessons; pick-up 1.45pm)	9:30 - 10:00 a.m Parents' Coffee Morning: "Re-enrollment 2021!"	

Approaching a milestone...

The Merriam-Webster definition of the word '**warrior**' states: "a person engaged or experienced in warfare; *broadly*: a person engaged in some struggle or conflict." Next weekend, it will be a year since Morocco closed schools in response to the pandemic (March 13th)... it's a strange anniversary and certainly much has happened within our community and globally within that year. We have all had to demonstrate some 'warrior' spirit at some point in that time. You may want to reflect on the experiences you have had... what you have contended with, what you have learned and how those experiences enabled you to grow. Certainly, considering our character traits, we have all developed our resilience, our capacity for care and a sense of responsibility towards our community. I am immensely proud of how far we have all come in that time and I would like to thank all teachers, students and parents for their flexibility and fortitude throughout the year. In a week's time, we will mark the occasion with **ASM's Spirit Week**... on Monday March 15th, demonstrate your Warrior spirit by wearing red, white or blue or a school team shirt!

Monday 8th & 9th March IBDP Authorization Visit (Virtual)

During the next two days the IBDP will be visiting ASM via Google Meet in order to assess and verify our plans for the introduction of the IB Diploma Programme. The team will be meeting with teachers, students and parents and they will be joining some classes via Google Meet in order to observe the learning experiences provided. If a visitor joins the class for a lesson, please just keep learning as usual. Thank you to everyone involved in this important step in the process towards authorization!

Monday 8th March 9:55am - 10:05am Upper School Assembly led by ASM's Student Council

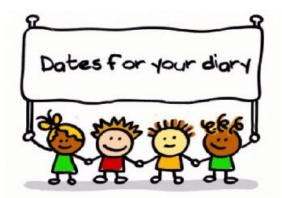
Google Meet link: <u>https://meet.google.com/tsd-amom-nit</u> DL students enter the Assembly at the designated time (not before) - microphone off, sound on. Teachers will project the assembly for F2F students in their classrooms.

Tuesday 9th March 11:35am - 12:25pm (lunchtime) Student Council Meeting

DL Student Council Representatives please join with the following link: <u>Student Council GMeet</u>

Thursday 11th March 9:30 - 10:00am Parents' Coffee Morning

ASM's Enrollment Management Office will be available to answer questions regarding the changes to the re-enrollment process, including important dates and financial aid. All are welcome to join! GMeet link: <u>meet.google.com/dgz-qjfx-zcq</u>



• ASM's Spirit Week...

- Monday 15th Warriors Day (wear school colors or a school team shirt)... ASM's Warriors have made it through a year of pandemic!
- Tuesday 16th NO CLASSES (PTCs)
- Wednesday 17th **Pajama Day** (followed by PTCs)
- Thursday 18th **Twin Day** (dress the same as someone else!)
- Friday 19th **Class Pride Day** (each class to decide on a clothing theme to unify them and demonstrate class pride!)
- Mon 15th March (9:55 10:05am) Upper School Assembly
- Tues 16th March (Full Day NO CLASSES) & Wed 17 March (Afternoon NO CLASSES Upper School only) **Parent Teacher Conferences**
- Thurs March 18th (11:45 am 12:45 pm) ASM PTO meeting
- Fri March 19th (5:30pm Moroccan time) ASM PTO Master Class
- Fri 19th March Midterm Reports distributed electronically
- Mon 22nd March (9:55 10:05am) Upper School Assembly
- March 22nd 30th AP Mock Exams
- Wed 24th March **PSAT10 Exam** for all Grade 10 students
- Mon 29th March (9:55 10:05am) Upper School Assembly
- Wed 31st March (12:15 12:45pm) **Career Connections** Topic: Public Office & Government with Yousra Benchekroun
- Mon 5th Fri 9th April **ASM's STEM Week** (Science, Technology, Engineering, Math)

Thoughts Are All Around Us!

Article by Jessica Abou Zbib (Grade 10)

As we all know, AP mocks are in a couple of weeks. It has been a hard year for everyone but we are doing great! You should always take some time for yourself and do something you enjoy while managing your study schedule. YOU CAN DO IT!



Questions you may ask yourself:

- ★ When was the moment that made you feel the most motivated?
- ★ How do you overcome challenges?
- ★ One person you are glad you met...
- ★ Lesson I've learned that I would never forget...
- ★ Your favorite Quotes and Why?
- ★ How do you know that you are on the right path?
- ★ One thing you would change about yourself...
- ★ The one thing you wish you'd known before
- ★ Your favorite three items
- ★ If you could only visit one website today...
- ★ What is your main goal in life?
- ★ Where would you be in 10 years?
- ★ Who supports you throughout everything?

I recommend that all students work on getting more community service hours because there are opportunities available.

"Education is our passport to the future,

for tomorrow belongs to the people who prepare for it today."

– Malcolm

AstraZeneca COVID-19 vaccine

By: Aahd Arnous G10

The AstraZeneca COVID-19 vaccine is used to prevent COVID-19. This disease is caused by severe acute respiratory syndrome coronavirus 2.



How does it work?

Viral vector-based vaccines use a harmless virus, such as an adenovirus, as a delivery system. This "vector" virus is not the virus that causes COVID-19. Adenoviruses are among the viruses that can cause the common cold. There are many different types of adenoviruses, and many have been used as delivery systems for other vector-based vaccines for decades.

When a person is given the vaccine, the vector virus contained within the vaccine produces the SARS-CoV-2 spike protein. This protein is found on the surface of the virus that causes COVID-19. This protein will not make you sick. It does its job and goes away.

Through this process, the body is able to build a strong immune response against the spike protein without exposing you to the virus that causes COVID-19.

How is it given?

The vaccine is given by 2 separate injections of 0.5 mL each into the muscle of the arm. For the vaccine to work best, you need to get 2 doses: a first dose and then a second dose 4 to 12 weeks later.

Immunity develops over time. It takes about 2 weeks to develop significant protection against COVID-19. For the greatest protection, you will need the second dose.

The AstraZeneca COVID-19 vaccine showed an effectiveness of about 62% in preventing symptomatic COVID-19 disease beginning 2 weeks after the second dose. This effectiveness rate is based on an analysis of results from participants who had received the 2 dose regimen that will be used in Canada.

Possible side effects:

In general, the side effects observed during the clinical trials are similar to what you might have with other vaccines. The side effects that followed vaccine administration in clinical trials were mild or moderate. They included things like pain at the site of injection, body chills, feeling tired and feeling feverish. These are common side effects of vaccines and do not pose a risk to health.

For more information visit the following websites:

https://www.bbc.com/news/health-55302595 https://www.gov.uk/government/publications/regulatory-approval-of-covid-19-vaccine-astrazeneca/inform ation-for-uk-recipients-on-covid-19-vaccine-astrazeneca